Phi-Hong

By: BurdaStyle

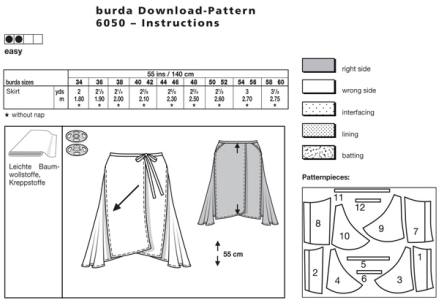
http://www.burdastyle.com/projects/phi-hong

Start your day with some swing, make your walk look lighter, your mood brighter by creating yourself the Phi-Hong skirt. BUT! Make sure to wear an underskirt! This skirt is so light and swingy because all panels start right at the waist and hence your underwear may peak through! You will achieve best swinging results by using a light fabric, maybe even two layers for additional effect. We doubled the panels by making each in a charmeuse and a chiffon and placing them on top of each other.

Materials

Chiffon, Charmeuse, Snap

Step 1 — Cutting Ticket



PATTERN

Sizes 2 to 14 (EU 34 to 46)

1 Front skirt panel 2x

2 Back skirt panel 2x

3 Side front skirt panel 2x

4 Side back skirt panel 2x

5 Bias strips 2x

6 Strings 1x

Sizes 16 to 28 (EU 48 to 60)

7 Front skirt panel 2x

8 Back skirt panel 2x

9 Side front skirt panel 2x

10 Side back skirt panel 2x

11 Bias strips 2x

12 Strings 1x

Fabrics: Light cotton fabric, crepe fabric

The patterns can be printed out at the copy shop. If you decide to print them at home, follow the instructions:

Paper cut for ANSI A (German DIN A4) prints:

The patterns for sizes 2 to 14 are printed out on 35 sheets, for sizes 16 to 28 on 42 sheets with a thin frame. Wait until all sheets are printed out. Arrange the sheets so that they fit together (see additional page with the overview of the prints). Fold the single sheets on the upper and right edge along the thin frame lines. Begin with the left lower sheet and then tape the frame lines together precisely.

Step 2 — ADJUST PATTERN SIZES

Select your size according to the Burda-dimension table: dresses, blouses, jackets and coats according to the bust size, trousers and skirts according to the hip width. Change the pattern to fit your measurements if they deviate from the Burda-size chart. Cut out the pattern pieces according to your size.

Sizes 2 to 14: Pattern pieces 1 to 6
Sizes 16 to 28: Pattern pieces 7 to 12
Cut out the fabric from a double layer of fabric, right sides facing when folded.
For Sizes 2 to 14: Cut pattern pieces 1, 2, 6 and 7 on the bias.
For Sizes 16 to 28: Cut pattern pieces 7, 8, 11 and 12 on the bias.

Refer to our â—Adjust patterns for mixed sizesâ— technique

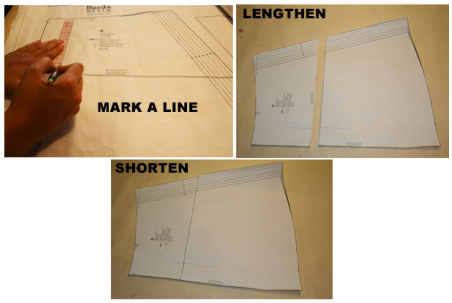
LENGTHENING OR SHORTENING THE PATTERN PIECES

Our pattern is calculated for a height of 5â— 6â— (168 cm). If you are taller or shorter, you can adjust the pattern pieces along the lines marked “lengthen or shorten here”. This way the proper fit is maintained. Always adjust all pattern pieces along the same line to the same degree.

How to lengthen and shorten pattern pieces:

Cut the pattern pieces along the marked lines
To lengthen, slide the two halves of the pattern piece as far apart as necessary.
To shorten, overlap the two halves of the pattern piece as far as necessary. Blend the side edges.

Step 3 — CUTTING OUT

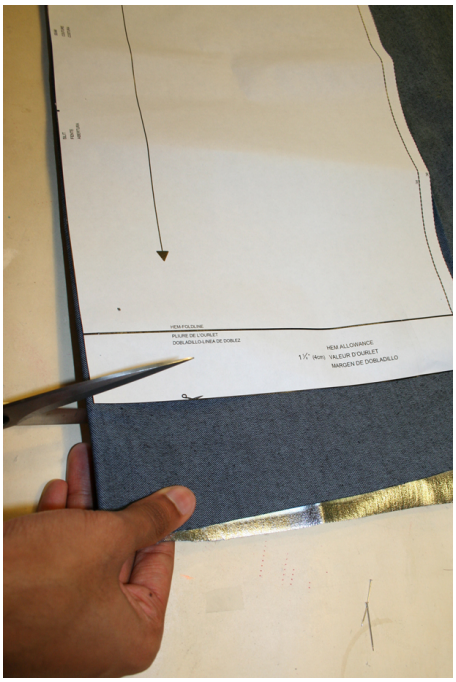


FOLD (â— â— â— â—) means: Cut on the fold, the fold being the center of the pattern piece, but never a cut edge or seam. The piece should be cut double, with the fold line forming the center line. Pattern pieces that are outlined with a broken line in the cutting diagrams are to be placed face down on the fabric. The cutting diagrams on the pattern sheet show how the pattern pieces should be placed on the fabric.

The cutting diagrams show the placement of the pattern on the fabric.

For a single layer of fabric, the pattern pieces are pinned to the right side. For double layers of fabric, the right sides are facing and the pattern pieces are pinned to the wrong side. The pattern pieces that are shown extending over the fold of the fabric in the cutting diagram should be cut last from a single layer of fabric.

Step 4 — SEAM AND HEMLINE ALLOWANCES



SEAM AND HEMLINE ALLOWANCES are included on an average:

1 5â“8" (4 cm) for hem, 5/8â— (1.5 cm) for all edges and stitches. Using BURDA copying paper, transfer the lines and signs of the pattern onto the wrong side of the fabric. Instructions can be found in the packaging.

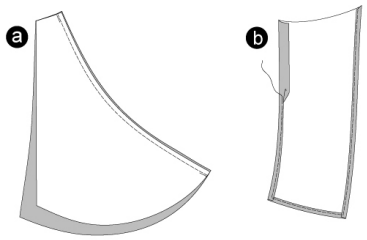
Sewing:

While sewing, the right sides of the fabric are facing.

Transfer all lines of the pattern onto the right side of the fabric using chalk.

Important: the seam numbers show, how to stitch the pieces together. The number behind the slash (/) represents sizes 16 to 28.

Step 5 — SKIRT



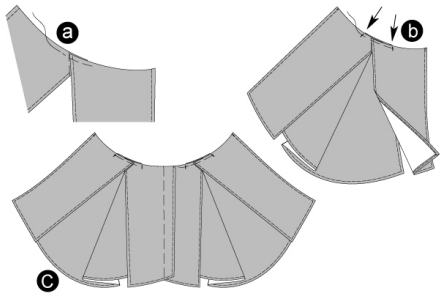
SIDE SEAMS

Position a side front and side back skirt panel together, right sides facing. Pin side seams (seam number 1/5) and stitch. Trim allowances, neaten and press inside the back skirt panel (a)

NEATEN EDGES

Turn the allowances of the side edges and bottom edges inside and press, fold again and pin. Topstitch allowances narrowly. Image shows front skirt panel. (b)

Step 6 — POSITIONING OF PANELS

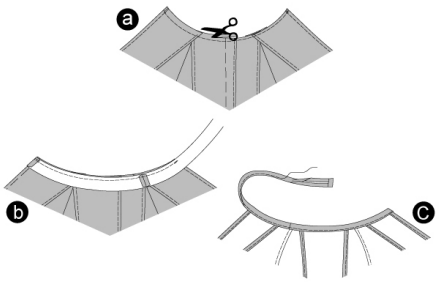


Position the front skirt panel and back skirt panel together, Left on right side on the marked lines meeting. Pin top edges (seam number 2/6). (a)

Position the front and back skirt panels with their wrong side on the right side of the side skirt panels, while positioning the front and side front panels so that they are aligned on the to The front edge meets cross line 3/7, the back edge meets cross line 4/8 (arrows). Pin the top edges together. You created two segments of the skirt. (b)

Position the wrong side of the left back skirt panel and the right side of the right back skirt panel on top of each other, meeting in the center. Pin top edges. ©

Step 7 — WAISTBAND



Stitch the top skirt egdes 1â— (2.5 cm) wide. Trim the allowances to 1/2â— (1.5 cm).

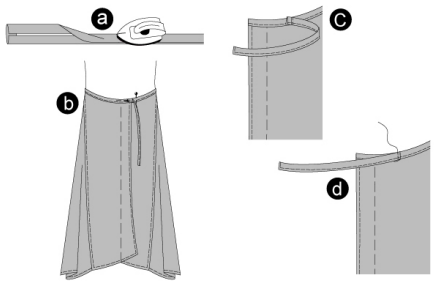
NEATEN TOP SKIRT EDGE

Stitch the bias strips (piece 5) together, right sides facing. Trim allowances and press apart.

Pin the bias strips on the top skirt edge, right sides facing. Start pinning and folding the strip at the left front skirt panel. Allow the strip to overlap at the other end. Stitch the strip 1/2â— (1cm) wide.

Turn the strip over the edge to the inside, fold it inside again and pin it onto the seam line. Turn the end of the overlapping strip inside and pin the folded edges. Finished width is 1/2â— (1 cm). Topstitch the strip narrowly along the seam line. Stitch the strip edges together.

Step 8 — FINISH WAISTBAND STRIP



Fold the short edge inside and press. Fold the long edges inside so that the edges meet the center line of the strip, wrong sides facing. Then fold the strip in half. Press. Topstitch the edges narrowly and neaten the raw ends. (a)

Try the skirt on. The left and right front skirt panels are positioned so that the centers meet. Mark the spot, 1â— (2 cm) next to the right skirt segment edge, where the strip needs to be applied using a needle. (b)

Position the strip onto the skirt edge so that it faces towards the back. Stitch the strip as marked onto the top skirt edge (bias strip) ©. Flip the strip to the front and topstitch narrowly (d). Apply the bottom part of a snap button onto the left front edge. Apply the top part of the snap button onto the inside of the bias strip.

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