Yo-yo's or Suffolk Puffs

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http://www.burdastyle.com/projects/yo-yo-s-or-suffolk-puffs

Easy as pie yo-yo's (or Suffolk Puffs). Use to embellish your clothes.

Materials

cotton, thread

Step 1

You will need a circle of fabric and a needle and thread.

Step 2

Fold over the edge of the fabric to the wrong side. Sew through both layers with small stitches.

Step 3

Sew all the way around and pull the thread tight as you go. Tie off the thread on the underside.

Step 4

All done! Use to embellish anything you like.