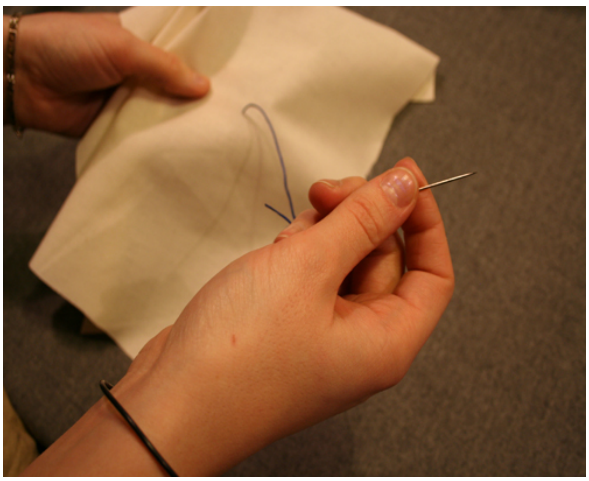
Embroidery Knot Stitch

By: BurdaStyle

http://www.burdastyle.com/techniques/embroidery-knot-stitch

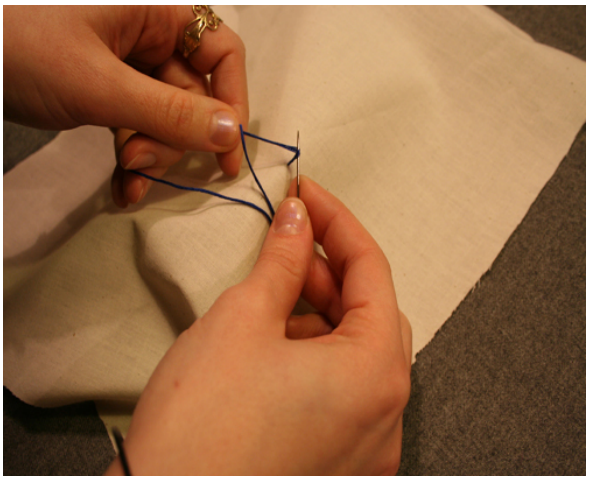
We used this knot to outline the heart in one of our Valentine's Day t-shirts. You can use it for whatever your want!

Step 1



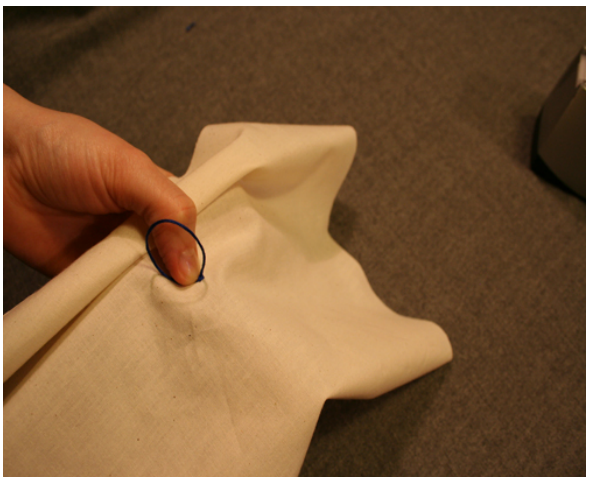
To begin the knot stitch, first bring the needle through the tee from back to front.

Step 2



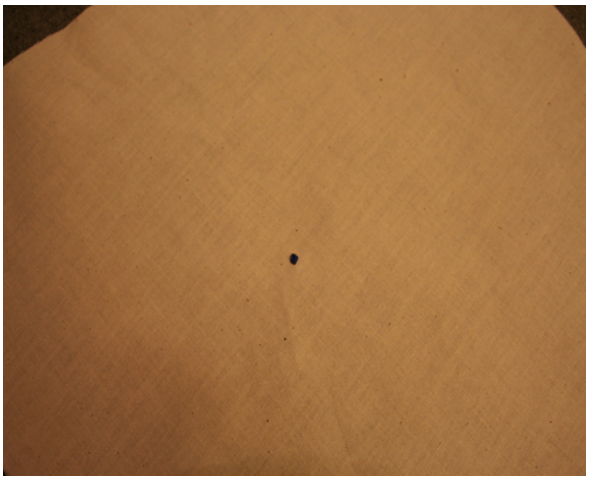
Before you put the needle back through the shirt to make a stitch, wrap the thread around the needle.

Step 3



Holding the wrapped part around the needle with one of your fingers, pull the needle through the shirt to make the stitch. Hold onto the wrapped part of the needle until the rest of the thread is through, and then continue to pull.

Step 4



You can choose to space these however youâ’d like, but for an outline we suggest placing them around a millimeter apart from each other.

Step 5

You can keep going and going until... You make something like this!

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