Make Box and Inverted Box Pleats!

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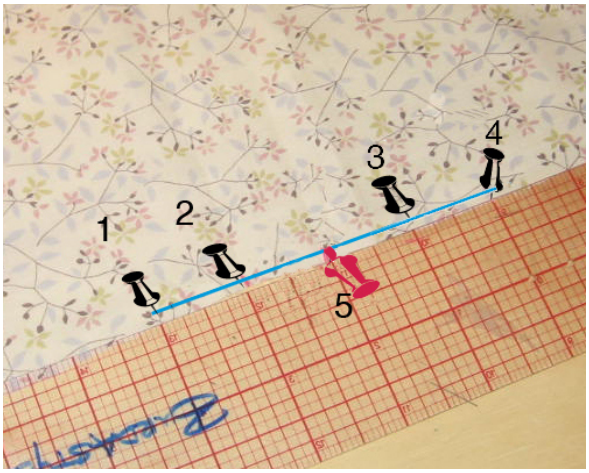
http://www.burdastyle.com/techniques/make-box-and-inverted-box-pleats

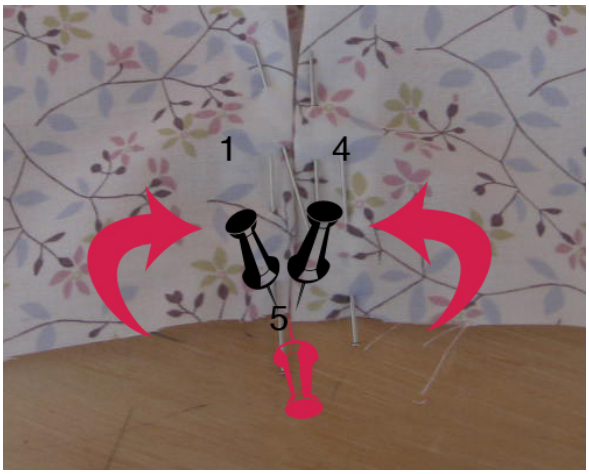
Box pleats are essentially two knife pleats sewn together, back to back. They have the same 4:2 ratio as box pleats (meaning 4" of fabric will result in a 2" finished pleat).

Step 1



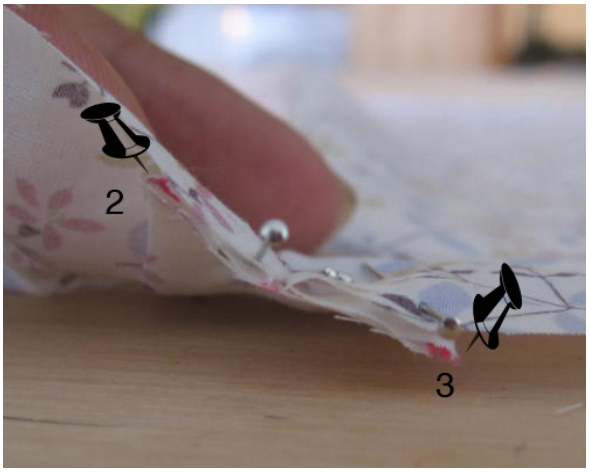
To make inverted box pleat, mark the above 5 points on the right side of your fabric, where you want to make a box pleat. Points 1, 2, 3, 4, and 5 are 1" (2.5 cm) apart. Point 5 is the center of the pleat. This is the standard ratio. Your box pleat intake can be as much or as little as you desire.

Step 2



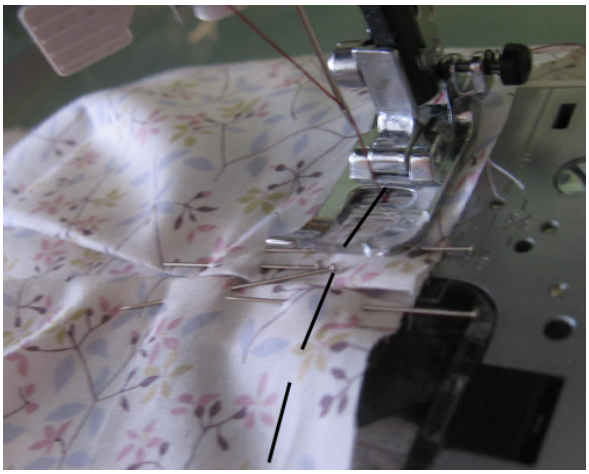
On the right side of the fabric, bring points 1 and 4 to the center point 5.

Step 3



Points 2 and 3 are folded underneath and should look like this.

Step 4



Sew across the top of the piece, being sure to catch the pleat intake.

Step 5

Press the pleat flat.

Step 6

This is what a finished inverted box pleat looks like.

Step 7

This is the other side of the fabric, the box pleat. If you want this on the right side of your fabric, follow the above instructions but do everything from the wrong side of your fabric.

Step 8

You can also so across the bottom of the pleat to close it. This detail is used to create the bellows pocket often seen in safari and cargo clothing, but can also be used for purses and blouses, or anything else you make!